

Information For the Use
Fluticasone Propionate 250mcg + Formoterol
Fumarate 6mcg Life Cap

Flutialfa F 250 Capsule

Fluticasone Propionate 250mcg + Formoterol Fumarate 6mcg Capsule Information

Generic Name:

Fluticasone Propionate 250mcg + Formoterol
Fumarate 6mcg

Form:

Inhalation Capsule (to be used with a
compatible inhalation device)

Therapeutic Class:

Combination of Corticosteroid and Long-
Acting Beta-2 Agonist (LABA)

Description

This combination medication contains:

- **Fluticasone Propionate:** A potent inhaled corticosteroid that reduces airway inflammation, thereby preventing and controlling asthma symptoms.
- **Formoterol Fumarate:** A long-acting beta-2 agonist that relaxes bronchial smooth muscles, providing long-term relief from bronchospasm and improving breathing.

The combination provides effective control for moderate to severe asthma and chronic obstructive pulmonary disease (COPD).

Indications

- **Asthma:** Maintenance treatment in patients requiring both an inhaled corticosteroid and a long-acting beta-2 agonist.
 - **Chronic Obstructive Pulmonary Disease (COPD):** Management of airflow obstruction and reduction of exacerbations.
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Dosage and Administration

- **Adults and Adolescents (12 years and older):**
 - One capsule inhaled twice daily (morning and evening).
- **Maximum Dose:** As prescribed by the healthcare provider.

Instructions for Use:

1. Insert the capsule into the inhalation device as per the manufacturer's instructions.
2. Breathe out fully, then inhale deeply through the device to ensure proper delivery of the medication.
3. Hold your breath for 5-10 seconds, then exhale slowly.
4. Discard the used capsule immediately after use.

Note: Do not swallow the capsule; it is intended for inhalation only.

Contraindications

- **Hypersensitivity to fluticasone, formoterol, or any excipients in the formulation.**

- **Acute asthma attacks or acute COPD exacerbations (not intended for rescue therapy).**
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Precautions

- **Asthma Management: Should not be initiated in patients during an acute asthma exacerbation.**
 - **Paradoxical Bronchospasm: Discontinue immediately if it occurs.**
 - **Systemic Corticosteroid Effects: Prolonged use may lead to adrenal suppression or growth retardation in children.**
 - **Cardiovascular Conditions: Use cautiously in patients with hypertension, arrhythmias, or heart disease due to the beta-agonist component.**
 - **Infections: Monitor for oral thrush; rinse mouth and throat after each use.**
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Side Effects

Common side effects:

- **Hoarseness or sore throat**
- **Oral candidiasis (thrush)**
- **Headache**
- **Tremors or palpitations**

Rare but serious side effects:

- **Paradoxical bronchospasm**
 - **Increased heart rate or blood pressure**
 - **Hypokalemia**
 - **Vision changes (e.g., cataracts or glaucoma)**
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Drug Interactions

- **Concomitant use with strong CYP3A4 inhibitors (e.g., ketoconazole) may increase corticosteroid exposure.**

- **Beta-blockers may reduce the efficacy of formoterol.**
 - **Use with other sympathomimetic drugs may increase cardiovascular side effects.**
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Storage Instructions

- **Store at a temperature below 25°C.**
 - **Protect from moisture and light.**
 - **Keep out of reach of children.**
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Additional Notes

- **This medication is intended for regular, long-term use and not for immediate relief of acute symptoms. Use a short-acting bronchodilator for rescue therapy.**
- **Monitor asthma or COPD control periodically and adjust dosage as needed.**
- **Seek medical attention if symptoms worsen or if side effects occur.**

Always follow your healthcare provider's instructions for proper use.

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Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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