

# Vityle E Softgel Capsule

**Name of the Product:** Vityle E Softgel Capsule

**Composition:** Each soft gelatin capsule contains:  
Vitamin E (as d-Alpha Tocopherol, Natural) ... 400 IU

**Dosage Form:** Softgel Capsule

**Description:**

Vityle E Softgel Capsule contains natural Vitamin E (d-Alpha Tocopherol), a fat-soluble antioxidant that helps protect cells from oxidative damage. It plays an essential role in maintaining healthy skin, immune function, and cellular health. Natural Vitamin E (d-Alpha Tocopherol) is better absorbed and utilized compared to synthetic forms.

**Indications:**

- Vitamin E deficiency
- As an antioxidant supplement
- Skin and hair health support
- Supportive therapy in cardiovascular and neurological health
- Adjunct therapy in male and female infertility

**Mechanism of Action:**

Vitamin E neutralizes free radicals by donating electrons, thus preventing oxidative damage to cell membranes, lipids, and DNA. It stabilizes cell membranes and enhances immune function. As a lipid-soluble antioxidant, it integrates into cell membranes and protects against lipid peroxidation.

**Dosage and Administration:**

- **Recommended Dose:** One capsule daily or as directed by a physician
- To be taken orally with water, preferably after meals

**Contraindications:**

- Known hypersensitivity to Vitamin E or any component of the formulation
- Hypervitaminosis E
- Patients with bleeding disorders unless prescribed by a doctor

**Warnings and Precautions:**

- Use cautiously in patients on anticoagulants or antiplatelet therapy
- High doses may increase the risk of bleeding
- Not recommended during pregnancy and lactation unless advised by a physician

**Adverse Effects:**

Generally well tolerated.

High doses may cause:

- Nausea
- Diarrhea
- Abdominal cramps
- Fatigue
- Headache
- Increased bleeding tendency

**Storage:**

Store in a cool, dry place below 25°C. Protect from light and moisture. Keep out of reach of children.

**Schedule:**

Non-scheduled. Nutraceutical product – to be taken under medical advice in therapeutic use cases.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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