

Information For the User
Valsartan 40 mg tablet

Valfin 40 Tablet

Brand Name: Valfin 40 Tablet

Composition:

Each film-coated tablet contains:

Valsartan IP 40 mg

Therapeutic Indication:

Indicated for the treatment of mild to moderate essential hypertension

Also used in the management of heart failure and to improve survival after myocardial infarction in clinically stable patients

Helps reduce blood pressure and the risk of cardiovascular events

Mechanism of Action:

Valsartan is an angiotensin II receptor blocker (ARB)

It selectively blocks the binding of angiotensin II to the AT1 receptor in vascular smooth muscle and adrenal gland

This results in vasodilation reduced secretion of aldosterone decreased sodium and water retention and lower blood pressure

Dosage & Administration:

Usual adult dose: 40 to 80 mg once or twice daily or as directed by the physician

Dose may be increased gradually based on clinical response up to a maximum of 320 mg/day

Can be taken with or without food preferably at the same time each day

Contraindications:

Hypersensitivity to Valsartan or any component of the formulation

Pregnancy and lactation

Severe hepatic impairment or biliary cirrhosis

Concomitant use with aliskiren in patients with diabetes or renal impairment

Warnings & Precautions:

Monitor blood pressure renal function and serum potassium regularly

Use with caution in patients with renal artery stenosis volume depletion or heart failure

Avoid use with potassium-sparing diuretics or potassium supplements unless advised

Discontinue immediately if pregnancy is detected

Side Effects:

Common: dizziness headache fatigue hypotension

Less common: elevated potassium dry cough abdominal pain

Rare: angioedema renal dysfunction rash

Storage:

Store in a cool dry and dark place below 25°C

Protect from moisture and sunlight

Keep out of reach of children

Packaging:

Valfin 40 Tablet is available in blister or strip packs

Schedule:

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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