

# Uriviga 600 SR Tablet

## Ursodeoxycholic Acid (600mg) SR Tablet

**Category:** Hepatoprotective Agent / Bile Acid

**Dosage Form:** Sustained-Release (SR) Oral Tablet

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### Description:

Ursodeoxycholic Acid (600mg) SR Tablet is a bile acid derivative formulated in a sustained-release form for convenient once-daily dosing. It is used to manage liver and gallbladder disorders, particularly cholestatic liver diseases and the dissolution of cholesterol-rich gallstones. The sustained-release formulation ensures gradual absorption and prolonged action, improving therapeutic outcomes.

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### Composition:

- **Active Ingredient:** Ursodeoxycholic Acid – 600mg (Sustained Release)
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### Indications:

1. **Primary Biliary Cholangitis (PBC):** Slows disease progression by improving liver function and reducing inflammation.
2. **Gallstone Dissolution:** Dissolves small, non-calcified cholesterol gallstones in patients not suitable for surgery.

3. **Chronic Cholestatic Liver Diseases:** Manages bile flow-related liver dysfunctions like primary sclerosing cholangitis.
  4. **Non-Alcoholic Fatty Liver Disease (NAFLD):** Protects the liver and improves liver enzyme profiles.
  5. **Cystic Fibrosis-Associated Liver Disease:** Enhances bile flow to minimize complications.
  6. **Drug-Induced Hepatotoxicity:** Supports recovery in cases of medication-induced liver damage.
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### Mechanism of Action:

Ursodeoxycholic acid (UDCA) works by:

- **Reducing Cholesterol Saturation:** Lowers cholesterol secretion into bile, reducing gallstone formation and promoting the dissolution of cholesterol-rich stones.
  - **Cytoprotective Effects:** Protects hepatocytes by stabilizing cell membranes and reducing bile acid toxicity.
  - **Improving Bile Flow:** Enhances bile secretion, relieving cholestasis.
  - **Anti-Inflammatory Activity:** Reduces liver inflammation in chronic conditions.
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### Dosage and Administration:

- **Adults:**
  - **Gallstone Dissolution:** 8-10 mg/kg/day, taken once daily

due to the sustained-release formulation.

- **Chronic Liver Disease: 13-15 mg/kg/day; typically, one 600mg tablet daily or as directed by a physician.**
  - **Administration:**
    - Swallow the tablet whole with water.
    - Take with food to improve absorption and efficacy.
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### **Contraindications:**

- 1. Gallstones with High Calcium Content: UDCA is ineffective in calcified gallstones.**
  - 2. Acute Gallbladder or Bile Duct Infections.**
  - 3. Complete Bile Duct Obstruction: UDCA requires bile flow to be effective.**
  - 4. Severe Hepatic or Renal Impairment.**
  - 5. Hypersensitivity: Allergic reactions to Ursodeoxycholic Acid or excipients.**
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### **Precautions:**

- 1. Regular Monitoring:**
  - Liver function tests (LFTs) and imaging (e.g., ultrasound) are essential to evaluate treatment response and liver health.
- 2. Pregnancy and Lactation:**
  - Use cautiously; consult a healthcare provider for risk-benefit assessment.
- 3. Prolonged Use:**

- Long-term therapy requires periodic evaluation of liver enzymes and gallbladder condition.

### **4. Elderly and Pediatric Patients:**

- Dosage adjustments may be necessary based on age and weight.

### **5. Underlying Conditions:**

- Use cautiously in patients with severe hepatic or renal impairment.
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### **Adverse Effects:**

#### **Common Side Effects:**

- Diarrhea or soft stools
- Nausea
- Abdominal discomfort
- Flatulence

#### **Serious Side Effects:**

- Allergic reactions (rash, swelling, difficulty breathing)
  - Elevated liver enzymes (ALT, AST)
  - Gallstone complications (pain, inflammation)
  - Severe jaundice (yellowing of the skin/eyes)
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### **Drug Interactions:**

- 1. Cholestyramine or Colestipol:** Reduces UDCA absorption; take 2-4 hours apart.
- 2. Aluminum-Based Antacids:** May reduce UDCA's effectiveness.
- 3. Ciclosporin:** May increase ciclosporin blood levels; monitor closely.

- 4. Estrogen or Oral Contraceptives:**  
May counteract UDCA's gallstone dissolution effect.
  - 5. Lipid-Lowering Drugs: Monitor**  
closely for potential interactions.
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#### **Storage Instructions:**

- **Store below 25°C in a cool, dry place**  
away from direct sunlight.
  - **Keep out of reach of children.**
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#### **Key Points:**

- **Ursodeoxycholic Acid (600mg) SR**  
Tablet is a hepatoprotective agent  
designed for once-daily dosing,  
improving compliance and  
therapeutic outcomes.
- **Effective for gallstone dissolution,**  
chronic liver conditions, and bile  
flow disorders.
- **Regular monitoring is critical for**  
safety and efficacy.
- **Take with food for enhanced**  
absorption.

**Always use under medical supervision.**

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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