

Information For the User
Triamcinolone 4mg

Triamark 4 Tablet

Brand Name: Triamark 4 Tablet

Dosage Form: Tablet

Therapeutic Category: Corticosteroid – Anti-inflammatory & Immunosuppressant

Composition:

Each tablet contains:

- **Triamcinolone IP** 4 mg
- Excipients q.s.

Description:

Triamark 4 Tablet is a synthetic corticosteroid used for its potent anti-inflammatory, anti-allergic, and immunosuppressive effects. It helps in managing a variety of conditions such as allergies, dermatological disorders, and autoimmune diseases by reducing inflammation and modulating immune responses.

Pharmacology & Mechanism of Action:

Triamcinolone acts by binding to glucocorticoid receptors, modulating gene expression, and inhibiting the release of inflammatory mediators. It decreases capillary permeability, suppresses leukocyte infiltration at sites of inflammation, and reduces immune response.

Indications:

- Allergic disorders
- Inflammatory and autoimmune conditions
- Dermatological conditions requiring systemic corticosteroid therapy
- As an adjunct in certain respiratory and rheumatologic disorders

Dosage & Administration:

- **Adults:** Dose varies according to condition; typically 4–8 mg daily or as prescribed by the physician
- **Children:** Dose must be determined by a pediatrician based on condition and weight
- Take with food to reduce gastrointestinal irritation
- Do not abruptly stop therapy without consulting a physician

Contraindications:

- Hypersensitivity to triamcinolone or any excipients
- Systemic fungal infections
- Active untreated infections
- Certain viral infections like herpes simplex of the eye

Warnings & Precautions:

- Use with caution in diabetes, hypertension, peptic ulcer, osteoporosis, and renal or hepatic impairment
- Long-term use may lead to adrenal suppression, osteoporosis, and increased susceptibility to infections

- Monitor growth in pediatric patients under prolonged therapy
- Abrupt withdrawal can precipitate adrenal insufficiency

Drug Interactions:

- May interact with anticoagulants, antidiabetic agents, NSAIDs, and vaccines
- CYP3A4 inducers or inhibitors may alter plasma concentrations of triamcinolone

Adverse Effects:

- Common: Increased appetite, weight gain, mood changes, insomnia
- Long-term: Osteoporosis, hyperglycemia, hypertension, Cushingoid features
- Rare: Peptic ulceration, adrenal suppression, cataracts, glaucoma

Storage:

- Store below 25°C in a dry place
- Protect from light and moisture
- Keep out of reach of children

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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