

Information For the User
Torsemide 10 mg + Spironolactone 25 mg

Torslide S 10/25 Tablet

Brand Name: Torslide S 10/25 Tablet

Dosage Form: Tablet

Composition:

Each tablet contains:

Torsemide 10 mg

Spironolactone 25 mg

Therapeutic Indication:

Indicated for the management of edema associated with congestive heart failure, liver cirrhosis, nephrotic syndrome, and other conditions involving fluid retention.

It helps in promoting diuresis while maintaining potassium balance, thereby preventing hypokalemia caused by loop diuretics.

Mechanism of Action:

Torsemide is a loop diuretic that inhibits sodium, chloride, and water reabsorption in the ascending loop of Henle, leading to increased urine output.

Spironolactone is a potassium-sparing diuretic and aldosterone antagonist that prevents sodium retention and potassium excretion, maintaining electrolyte balance.

Together, they provide effective diuresis with reduced risk of potassium loss.

Dosage & Administration:

The usual recommended dose is one tablet once daily or as directed by the physician.

Administer orally with water, preferably in the morning.

Do not exceed the prescribed dose.

Contraindications:

Hypersensitivity to torsemide, spironolactone, or any of the excipients.

Anuria, acute renal failure, hyperkalemia, or Addison's disease.

Warnings & Precautions:

Monitor serum electrolytes and renal function periodically.

Use with caution in patients with hepatic impairment or diabetes.

Avoid potassium supplements or other potassium-sparing agents unless advised by a physician.

Side Effects:

Common: Dizziness, headache, nausea, muscle cramps, dehydration.

Rare: Hyperkalemia, hypotension, rash, or gastrointestinal upset.

Storage:

Store below 25°C in a cool, dry place.

Protect from moisture and direct sunlight.

Keep out of reach of children.

Packaging:

Torslide S 10/25 Tablet is available in Alu-Alu blister packs of 10 tablets.

Schedule:

Schedule H Drug — To be sold by retail on the prescription of a Registered Medical Practitioner only.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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