

Torsemide 20 mg + Spironolactone 50 mg Tablet

Torslide S 20/50 Tablet

Brand Name: Torslide S 20/50 Tablet

Composition:

Each film-coated tablet contains

Torsemide IP 20 mg

Spironolactone IP 50 mg

Therapeutic Indication:

Indicated for the treatment of edema associated with congestive heart failure cirrhosis of the liver and nephrotic syndrome where potassium loss is a concern

Also used in cases of resistant hypertension and fluid overload requiring a combination of loop and potassium-sparing diuretics

Mechanism of Action:

Torsemide is a loop diuretic that inhibits the $\text{Na}^+/\text{K}^+/\text{2Cl}^-$ co-transporter in the thick ascending limb of the loop of Henle leading to natriuresis and diuresis

Spironolactone is an aldosterone antagonist that acts on the distal tubules to promote sodium excretion and potassium retention

The combination provides effective diuresis while minimizing potassium loss

Dosage & Administration:

Usual adult dose: One tablet once daily in the morning or as directed by the physician

Dose may be adjusted depending on the patient's condition electrolyte balance and response to therapy

Should be taken at the same time each day with or without food

Avoid late evening dosing to prevent nocturnal diuresis

Contraindications:

Hypersensitivity to Torsemide Spironolactone or sulfonamides

Anuria acute renal failure hyperkalemia or severe renal impairment

Addison's disease or other conditions associated with hyperkalemia

Warnings & Precautions:

Monitor serum electrolytes renal function and blood pressure regularly

Caution in patients with diabetes mellitus hepatic dysfunction or elderly patients

Avoid potassium supplements or other potassium-sparing agents unless advised

May cause dizziness dehydration or electrolyte imbalances

Side Effects:

Common: increased urination dizziness fatigue headache

Less common: hyperkalemia hyponatremia muscle cramps gynecomastia (due to spironolactone)

Rare: hypotension rash gastrointestinal upset

Storage:

Store in a cool dry and dark place below 25°C
Protect from moisture and sunlight
Keep out of reach of children

Packaging:

Torslide S 20/50 Tablet is available in strip or blister packs

Schedule:

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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