

Information For the User
Telmisartan 40 mg + Nebivolol 5 mg Tablet

Nebiroll T 40 Tablet

Brand Name: Nebiroll T 40 Tablet

Composition:

Each film-coated tablet contains:

Telmisartan IP 40 mg

Nebivolol Hydrochloride IP equivalent to Nebivolol 5 mg

Therapeutic Indication:

Indicated for the treatment of essential hypertension in patients requiring combination therapy

Helps in effective blood pressure control when monotherapy is inadequate

Reduces the risk of cardiovascular events in hypertensive patients with associated risk factors

Mechanism of Action:

Telmisartan is an angiotensin II receptor blocker (ARB) that selectively inhibits AT1 receptors
It prevents vasoconstriction and aldosterone-mediated volume expansion, reducing blood pressure

Nebivolol is a cardioselective beta-1 blocker with nitric oxide-mediated vasodilatory properties
It lowers heart rate and cardiac output while also improving endothelial function and vascular tone

The combination offers dual antihypertensive action with complementary mechanisms

Dosage & Administration:

Usual adult dose: one tablet once daily or as directed by the physician

Swallow whole with water, with or without food

Dose adjustment may be needed in renal or hepatic impairment

Contraindications:

Hypersensitivity to Telmisartan, Nebivolol, or any component of the formulation

Second or third-degree heart block, bradycardia, cardiogenic shock, or decompensated heart failure

Severe hepatic impairment or cholestasis

Pregnancy and lactation

Warnings & Precautions:

Monitor blood pressure, heart rate, electrolytes, and renal function regularly

Use with caution in patients with asthma, diabetes, renal artery stenosis, or ischemic heart disease

Avoid abrupt discontinuation to prevent rebound hypertension or angina

May cause dizziness – advise patients to avoid driving or operating machinery if affected

Side Effects:

Common: fatigue, dizziness, bradycardia, headache, hypotension

Less common: nausea, sleep disturbances, muscle cramps, peripheral edema

Rare: angioedema, hyperkalemia, renal dysfunction, depression

Storage:

Store in a cool, dry, and dark place below 25°C
Protect from moisture and direct sunlight
Keep out of reach of children

Packaging:

Nebiroll T 40 Tablet is available in blister or alu-alu strip packs

Schedule:

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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