

Information For the User
Telmisartan IP 40mg + Chlorthalidone 12.5 + Cilnidipine 10mg Tablet

Telbolife CC 12.5 Tablet

Brand Name: Telbolife CC 12.5 Tablet

Dosage Form: Tablet

Composition:

Each tablet contains:

- Telmisartan IP 40 mg
- Cilnidipine IP 10 mg
- Chlorthalidone IP 12.5 mg

Description:

Telbolife CC 12.5 Tablet is a fixed-dose combination indicated for the management of hypertension. It helps in controlling elevated blood pressure by combining an angiotensin receptor blocker, a calcium channel blocker, and a thiazide-like diuretic, providing additive antihypertensive effects for patients requiring more intensive therapy.

Indications:

Indicated for:

- Essential hypertension
- Patients requiring combination therapy for blood pressure control
- Cardiovascular risk reduction in hypertensive patients

It helps in lowering blood pressure, reducing cardiovascular strain, and supporting overall vascular health.

Dosage & Administration:

Dosage should be as prescribed by the physician.

Swallow the tablet whole with water.

Do not crush or chew.

Pharmacological Action:

Telmisartan selectively blocks angiotensin II AT₁ receptors, reducing vasoconstriction and aldosterone-mediated sodium and water retention. Cilnidipine is a calcium channel blocker that inhibits L-type and N-type calcium channels, producing vasodilation and reducing sympathetic activity. Chlorthalidone is a thiazide-like diuretic that reduces plasma volume and peripheral resistance. The combination provides synergistic antihypertensive effects, especially in patients requiring higher diuretic doses.

Side Effects:

Generally well tolerated.

Occasionally, dizziness, headache, hypotension, fatigue, or mild gastrointestinal disturbances may occur. Rarely, electrolyte imbalance, hyperuricemia, or renal function alterations may be observed.

Precautions & Warnings:

- Use with caution in patients with renal or hepatic impairment
- Monitor electrolytes and renal function periodically
- Avoid concomitant use with potassium-sparing diuretics or ACE inhibitors unless supervised
- Use under medical supervision in elderly patients

Drug Interactions:

Concomitant use with other antihypertensive agents, NSAIDs, or potassium supplements may require close monitoring. Use under strict medical supervision.

Storage:

Store below 25°C in a cool, dry place.

Protect from light and moisture.

Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for