

Information For the User  
Telmisartan 80 mg + Chlorthalidone 12.5 mg tablet

# Telbolife CH 80 Tablet

**Brand Name:** Telbolife CH 80 Tablet

**Composition:**

Each film-coated tablet contains:

Telmisartan IP 80 mg

Chlorthalidone IP 12.5 mg

**Therapeutic Indication:**

Indicated for the treatment of essential hypertension in patients not adequately controlled by Telmisartan or Chlorthalidone alone

Helps reduce blood pressure and the risk of cardiovascular events such as stroke and myocardial infarction

Effective in managing volume-dependent and resistant hypertension

**Mechanism of Action:**

Telmisartan is an angiotensin II receptor blocker (ARB) that selectively inhibits the binding of angiotensin II to AT1 receptors, leading to vasodilation, reduced aldosterone secretion, and decreased blood pressure

Chlorthalidone is a thiazide-like diuretic that inhibits sodium and chloride reabsorption in the distal convoluted tubule, promoting diuresis and reducing blood volume

The combination provides additive antihypertensive effects for better control of blood pressure

**Dosage & Administration:**

Usual adult dose: one tablet once daily or as directed by the physician

Can be taken with or without food

Preferably taken at the same time each day

Monitor renal function and serum electrolytes regularly during therapy

**Contraindications:**

Hypersensitivity to Telmisartan, Chlorthalidone, sulfonamide-derived drugs, or any component of the formulation

Severe renal impairment or anuria

Pregnancy and lactation

Severe hepatic impairment or biliary obstruction

Refractory hypokalemia or hypercalcemia

**Warnings & Precautions:**

Monitor blood pressure, renal function, serum electrolytes, and uric acid regularly

Use with caution in patients with renal artery stenosis, hepatic impairment, diabetes, or gout

Avoid potassium supplements and potassium-sparing diuretics unless prescribed

Discontinue immediately if pregnancy occurs

**Side Effects:**

Common: dizziness, weakness, headache, increased urination

Less common: electrolyte imbalance, hypotension, muscle cramps  
Rare: hyperuricemia, hyperglycemia, photosensitivity, angioedema

**Storage:**

Store in a cool, dry, and dark place below 25°C  
Protect from moisture and direct sunlight  
Keep out of reach of children

**Packaging:**

Telbolife CH 80 Tablet is available in blister or strip packs

**Schedule:**

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

Plot no.: 367-FF, Industrial Area Phase-I,  
Panchkula-134113

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