

Information For the User  
TELMISARTAN 40 MG + METOPROLOL SR 50 MG

# Telbolife Beta 50 Tablet

**Brand Name:** Telbolife Beta 50 Tablet

**Dosage Form:** Tablet

**Therapeutic Category:** Antihypertensive

## Composition:

Each uncoated bilayered tablet contains:

- **Telmisartan I.P.** – 40 mg
- **Metoprolol Succinate I.P.** (as sustained-release) – 50 mg

## Description:

**Telbolife Beta 50 Tablet** is a fixed-dose combination of **Telmisartan**, an angiotensin II receptor blocker (ARB), and **Metoprolol Succinate**, a cardioselective beta-blocker in extended-release form. This combination targets both vascular resistance and cardiac output, offering effective control in patients with essential hypertension and improved cardiovascular protection.

## Indications:

- Treatment of essential hypertension.
- Cardiovascular risk reduction in patients with multiple risk factors.
- For patients inadequately controlled on monotherapy requiring combination therapy.

## Dosage and Administration:

- **Recommended Dose:** One tablet once daily, or as prescribed by the physician.
- The tablet should be swallowed whole with water.
- Can be taken with or without food.
- Dosage should be individualized based on patient response and clinical judgment.

## Contraindications:

- Hypersensitivity to Telmisartan, Metoprolol, or any excipients.
- Severe bradycardia, heart block greater than first degree, overt cardiac failure.
- Cardiogenic shock.
- Pregnancy and lactation.
- Severe hepatic impairment.

## Precautions:

- Monitor blood pressure, renal function, serum electrolytes, and heart rate during therapy.
- Use caution in patients with bronchospastic diseases, peripheral arterial disorders, diabetes mellitus, and thyroid disorders.
- Avoid abrupt discontinuation to prevent rebound hypertension or cardiac complications.

## Adverse Effects:

- **Common:** Dizziness, headache, fatigue, bradycardia, hypotension.
- **Less Common:** AV block, bronchospasm, hyperkalemia, renal dysfunction.

**Storage:**

- Store in a cool and dry place, at a temperature not exceeding 25°C.
- Protect from moisture and direct sunlight.
- Keep out of reach of children.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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