# Information For the User Telmisartan 80mg + Amlodipine 5mg Tablet

## **Telbolife AM 80 Tablet**

**Brand Name:** Telbolife AM 80 Tablet

#### **Composition:**

Each film-coated tablet contains:

Telmisartan IP 80 mg

Amlodipine Besylate IP equivalent to Amlodipine 5 mg

#### **Therapeutic Indication:**

Indicated for the treatment of essential hypertension in patients not adequately controlled by monotherapy

Helps lower blood pressure and reduce the risk of stroke, heart attack, and other cardiovascular events

Effective in patients requiring dual therapy for optimal control

#### **Mechanism of Action:**

Telmisartan is an angiotensin II receptor blocker (ARB) that inhibits the binding of angiotensin II to AT1 receptors, promoting vasodilation and reducing aldosterone-related sodium and water retention

Amlodipine is a calcium channel blocker that inhibits calcium influx into vascular smooth muscle, resulting in vasodilation and decreased peripheral vascular resistance. The combination provides a synergistic antihypertensive effect and long-lasting blood pressure control.

#### **Dosage & Administration:**

Usual adult dose: one tablet once daily or as directed by the physician

Can be taken with or without food

Preferably taken at the same time each day

Dosage may be adjusted based on clinical response and patient profile

#### **Contraindications:**

Hypersensitivity to Telmisartan, Amlodipine, or any component of the formulation

Pregnancy and lactation

Severe hepatic impairment or biliary obstruction

Cardiogenic shock or severe hypotension

#### **Warnings & Precautions:**

Monitor blood pressure, renal function, and electrolytes regularly

Use with caution in patients with renal artery stenosis, heart failure, or hepatic impairment Avoid abrupt discontinuation

Discontinue immediately if pregnancy is detected

#### **Side Effects:**

Common: dizziness, peripheral edema, flushing, fatigue, headache

Less common: nausea, hypotension, palpitations

Rare: angioedema, hyperkalemia, hepatic dysfunction

### **Storage:**

Store in a cool, dry, and dark place below 25°C Protect from moisture and sunlight Keep out of reach of children

#### Packaging:

Telbolife AM 80 Tablet is available in blister or strip packs

#### **Schedule:**

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for