

Information For the User
Telmisartan 20 mg tablet

Telbolife 20 Tablet

Composition:

Each film-coated tablet contains:

Telmisartan I.P. 20 mg

Excipients q.s.

Description:

Telbolife 20 Tablet contains Telmisartan, an angiotensin II receptor blocker (ARB) used for the management of hypertension and reduction of cardiovascular risk. By blocking angiotensin II at its receptor site, it causes vasodilation and decreases aldosterone secretion, resulting in lowered blood pressure and cardiovascular protection.

Indications:

Essential hypertension

Reduction of cardiovascular morbidity in high-risk patients

Adjunct therapy in heart failure and diabetic nephropathy

Mechanism of Action:

Telmisartan selectively blocks angiotensin II type-1 (AT₁) receptors, preventing vasoconstriction and aldosterone-mediated sodium and water retention. This leads to reduced peripheral vascular resistance and decreased blood pressure without affecting heart rate.

Dosage and Administration:

Adults: 20–40 mg once daily or as directed by the physician.

Can be taken with or without food, preferably at the same time each day.

Side Effects:

Dizziness, headache

Hypotension

Fatigue

Rare: Hyperkalemia, renal impairment

Precautions:

Monitor blood pressure and renal function periodically

Use with caution in renal artery stenosis and hepatic impairment

Contraindicated during pregnancy and lactation

Avoid concomitant use with potassium supplements or potassium-sparing diuretics unless advised

Storage:

Store in a cool, dry place below 25°C. Protect from moisture and light. Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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Panchkula-134113

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