

Information For the User
Spironolactone 25 mg Tablet

Spirofil 25 Tablet

Brand Name: Spirofil 25 Tablet

Composition:

Each film-coated tablet contains:
Spironolactone IP 25 mg

Therapeutic Indication:

Indicated for the management of edema associated with congestive heart failure, liver cirrhosis, and nephrotic syndrome

Also used in hypertension and primary hyperaldosteronism

Helps in reducing fluid retention and controlling blood pressure

Mechanism of Action:

Spironolactone is a potassium-sparing diuretic and aldosterone antagonist

It competitively inhibits aldosterone at the distal renal tubules, increasing sodium and water excretion while retaining potassium

Reduces edema, lowers blood pressure, and mitigates hypokalemia associated with other diuretics

Dosage & Administration:

Usual adult dose: 25–100 mg daily in 1–2 divided doses or as directed by the physician

Take with food or milk to improve absorption

Adjust dose based on clinical response, renal function, and serum electrolytes

Contraindications:

Hypersensitivity to Spironolactone or any component of the formulation

Hyperkalemia or severe renal impairment

Addison's disease

Pregnancy and lactation unless specifically advised

Warnings & Precautions:

Monitor serum electrolytes, renal function, and blood pressure regularly

Use with caution in patients on ACE inhibitors, ARBs, or potassium supplements

Discontinue if hyperkalemia or significant renal dysfunction develops

May cause gynecomastia, menstrual irregularities, or gastrointestinal disturbances

Side Effects:

Common: hyperkalemia, dizziness, headache, gastrointestinal upset

Less common: gynecomastia, menstrual irregularities, rash

Rare: severe electrolyte imbalance, hepatitis, hypersensitivity reactions

Storage:

Store in a cool, dry, and dark place below 25°C

Protect from moisture and light

Keep out of reach of children

Packaging:

Spirofil 25 Tablet is available in blister or strip packs

Schedule:

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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