

Picotyle Tablet

Brand Name: Picotyle Tablet

Dosage Form: Tablet

Therapeutic Category: Laxative – Stimulant

Composition:

Each tablet contains:

- **Sodium Picosulphate IP** 10 mg
- Excipients q.s.

Description:

Picotyle Tablet is a stimulant laxative that promotes bowel evacuation by stimulating peristaltic activity in the colon. It is used to relieve occasional constipation and to prepare the bowel before diagnostic procedures.

Pharmacology & Mechanism of Action:

Sodium Picosulphate is hydrolyzed by colonic bacteria to form the active compound, which irritates the colonic mucosa, increasing peristalsis and fluid accumulation in the bowel, facilitating defecation.

Indications:

- Occasional constipation
- Bowel preparation before diagnostic procedures such as colonoscopy
- Relief of temporary irregular bowel movements

Dosage & Administration:

- **Adults:** 10 mg orally once daily at bedtime or as directed by the physician
- **Children (6–12 years):** 5–10 mg at bedtime
- Swallow tablets with water; may take with or without food
- Not intended for long-term use

Contraindications:

- Hypersensitivity to Sodium Picosulphate or excipients
- Intestinal obstruction, perforation, or severe inflammatory bowel disease
- Acute abdominal pain of unknown origin
- Patients with severe dehydration or electrolyte imbalance

Warnings & Precautions:

- Use with caution in elderly or debilitated patients
- Prolonged use may lead to electrolyte disturbances and dependence
- Not recommended during pregnancy or lactation unless prescribed

Drug Interactions:

- May affect absorption of certain orally administered drugs due to accelerated bowel transit
- Avoid concomitant use with other laxatives unless directed

Adverse Effects:

- Common: Abdominal cramps, mild diarrhea
- Rare: Nausea, vomiting, electrolyte imbalance, allergic reactions

Storage:

- Store below 25°C in a dry, dark place
- Protect from moisture and light
- Keep out of reach of children

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

TM: Trademark Applied for