

Information For the User
Orlistat (120mg) Capsule

Orlistyle 120 Capsule

Brand Name: Orlistyle 120 Capsule

Dosage Form: Capsule

Composition:

Each capsule contains:

- **Orlistat IP 120 mg**

Description:

Orlistyle 120 Capsule is an anti-obesity medication that helps in reducing dietary fat absorption in the gastrointestinal tract. It aids in weight management in patients with obesity or overweight conditions when combined with a reduced-calorie diet.

Indications:

Indicated for:

- Obesity management in adults with BMI ≥ 30 kg/m²
- Overweight patients with BMI ≥ 27 kg/m² with risk factors such as diabetes, hypertension, or dyslipidemia

It helps in promoting weight reduction, improving metabolic parameters, and supporting lifestyle modification efforts.

Dosage & Administration:

Dosage should be individualized as directed by the physician.

Administer orally, 1 capsule three times daily with main meals containing fat.

If a meal is missed or contains no fat, the dose may be skipped.

Pharmacological Action:

- **Orlistat:** Inhibits gastrointestinal lipases, preventing hydrolysis of triglycerides into absorbable free fatty acids and monoglycerides, thereby reducing fat absorption.

Side Effects:

Mild gastrointestinal discomfort, oily stools, flatulence, or increased defecation frequency may occur in some patients.

Precautions & Warnings:

- Use with caution in patients with chronic malabsorption syndrome or cholestasis.
- Monitor fat-soluble vitamin levels during prolonged therapy.
- Not recommended during pregnancy or lactation.

Drug Interactions:

May reduce absorption of fat-soluble vitamins (A, D, E, K) and some lipophilic medications. Consult physician for co-administration.

Storage:

Store below **25°C** in a cool, dry place.

Protect from light and moisture.

Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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