

Information For the User  
Veg DHA (40%) (62.5mg) oral spray

# Proglee Oral Spray

**Brand Name:** Proglee Oral Spray

**Dosage Form:** Oral Spray

**Therapeutic Category:** Nutritional Supplement – Omega-3 Fatty Acid (DHA)

## Composition:

Each actuation (spray) contains:

- Veg DHA (Docosahexaenoic Acid) 40% – 62.5 mg
- Excipients q.s.

## Pharmacology & Mechanism of Action:

Docosahexaenoic Acid (DHA) is a long-chain omega-3 fatty acid essential for brain, eye, and heart health. DHA is a major structural component of neuronal and retinal cell membranes, supporting cognitive function, memory, and visual development. It also contributes to cardiovascular health by modulating lipid metabolism and exerting anti-inflammatory effects. The oral spray format allows rapid absorption and convenient administration.

## Indications:

- Dietary supplementation for brain and cognitive support
- Support for visual development and eye health
- Adjunct nutritional support during pregnancy and lactation
- Maintenance of cardiovascular health

## Dosage & Administration:

- Adults: 1–2 sprays daily or as directed by a healthcare professional
- Children (above 6 years): 1 spray daily or as prescribed
- Administer directly into the mouth, preferably after meals
- Shake well before use

## Contraindications:

- Hypersensitivity to DHA or any component of the formulation
- Severe allergy to algae-derived products (if vegan DHA source)

## Warnings & Precautions:

- Not intended to replace a balanced diet
- Consult a physician before use during pregnancy or lactation
- Keep out of reach of children
- Avoid exceeding the recommended daily dose

## Adverse Effects:

- Generally well tolerated
- Rarely may cause mild gastrointestinal discomfort, nausea, or fishy aftertaste

## Storage:

Store in a cool, dry place below 25°C

Protect from light and moisture  
Keep the spray nozzle clean and capped after use

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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