

# Proglee DHA Icecream Powder

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**Composition (per 100g powder):**

- Whey Protein Concentrate – 25g
- DHA (Docosahexaenoic Acid) – 200mg
- Maltodextrin – q.s.
- Vitamins and Minerals – q.s.
- Flavour: Ice Cream Flavour
- Excipients – q.s.

**Dosage Form:**

Oral Nutritional Supplement (Flavoured Powder)

**Therapeutic Category:**

Nutritional Supplement – Protein and DHA Enriched Formula

**Description:**

Proglee DHA Icecream Powder is a high-quality nutritional supplement combining the benefits of whey protein and DHA in a tasty, ice-cream-flavored formulation. It is designed to support physical growth, muscle maintenance, and brain development in children, adults, and the elderly. DHA, an essential omega-3 fatty acid, plays a crucial role in brain function and cognitive health, while whey protein offers a complete amino acid profile for optimal tissue repair and immune function.

**Indications:**

- Protein-energy malnutrition
- Supplement during recovery from illness or surgery
- Growth and development support in children and adolescents
- Cognitive and neurological health in children and elderly
- Pregnancy and lactation nutritional support
- Supplement for athletes and individuals with high protein needs

**Mechanism of Action:**

- **Whey Protein:** Provides all essential amino acids necessary for muscle protein synthesis, immune modulation, and tissue repair
- **DHA (Docosahexaenoic Acid):** Supports neuronal membrane fluidity, neurotransmission, and cognitive development
- **Vitamins and Minerals:** Aid in enzymatic reactions, energy metabolism, and cellular growth

**Dosage and Administration:**

- **Adults and children above 5 years:** 1-2 heaping tablespoons (approx. 25g) once or twice daily
- To be mixed with lukewarm milk or water (150ml) and stirred well until fully dissolved
- Dosage may be adjusted as per physician's recommendation

### **Contraindications:**

- Known hypersensitivity to dairy proteins, DHA, or any excipients in the formulation
- Not to be used in patients with phenylketonuria unless advised

### **Warnings and Precautions:**

- Not to be used as the sole source of nutrition
- Use with caution in patients with renal impairment unless supervised
- Not suitable for infants unless prescribed

### **Drug Interactions:**

- No known significant drug interactions
- May be taken alongside most medications, but spacing with antibiotics is advised

### **Adverse Effects:**

- Generally well tolerated
- Rare: Mild gastrointestinal discomfort, bloating, or nausea in lactose-sensitive individuals

### **Overdose:**

- Overconsumption may lead to protein overloading in susceptible individuals
- In case of overdose, supportive care and symptomatic treatment should be provided

### **Storage:**

Store in a cool, dry place below 25°C  
Keep the container tightly closed after use  
Protect from moisture and direct sunlight  
Keep out of reach of children

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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