

Picotyle Syrup

Brand Name: Picotyle Syrup

Dosage Form: Syrup

Therapeutic Category: Stimulant Laxative

Composition:

Each 5 ml contains:

- **Sodium Picosulfate B.P.** – 5 mg
- **Excipients** – q.s.
- **Flavour and Colour** – Approved substances used

Pharmacology & Mechanism of Action:

Sodium Picosulfate is a stimulant laxative that works locally in the colon. It is a prodrug that is converted by colonic bacteria into the active compound bis-(p-hydroxyphenyl)-pyridyl-2-methane (BHPM), which stimulates the nerve endings in the intestinal mucosa. This enhances peristalsis and promotes bowel evacuation. It does not affect the absorption of nutrients or electrolytes in the small intestine.

Indications:

- Relief of occasional constipation
- Bowel evacuation prior to diagnostic procedures (e.g., colonoscopy)
- Chronic functional constipation (under medical supervision)

Dosage & Administration:

To be taken preferably at bedtime

- **Adults and children over 10 years:** 5–10 ml once daily
- **Children 5–10 years:** 2.5–5 ml once daily
- **Children under 5 years:** As directed by a physician

Dose may be adjusted based on individual response

Shake well before use

Contraindications:

- Known hypersensitivity to Sodium Picosulfate or any component of the syrup
- Intestinal obstruction, ileus, or acute surgical abdominal conditions
- Severe dehydration
- Inflammatory bowel diseases (e.g., Crohn's disease, ulcerative colitis)

Warnings & Precautions:

- Prolonged use may lead to electrolyte imbalance and dependence
- Not recommended for daily use beyond 5–7 days unless advised by a doctor
- Use with caution in elderly patients or those with kidney dysfunction
- Ensure adequate fluid intake during treatment
- Use during pregnancy and lactation should be under medical advice

Drug Interactions:

- May enhance the effects of other laxatives

- Caution with diuretics or corticosteroids due to risk of electrolyte imbalance
- Absorption of concomitantly administered oral medications may be reduced

Adverse Effects:

- Abdominal cramps, diarrhea, nausea (usually transient)
- Flatulence, abdominal discomfort
- Prolonged use may cause dehydration or hypokalemia
- Rare hypersensitivity reactions like rash or pruritus

Overdose:

Symptoms: Profuse diarrhea, fluid and electrolyte loss, dehydration

Treatment: Supportive and symptomatic therapy. Rehydration is essential.

Storage:

Store below 25°C in a dry place

Protect from light and moisture

Keep out of reach of children

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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