# Information For the Use Hydroxyprogesterone (250mg)

## **Peblegest H 250 Injection**

Peblegest II 230	IIIJection
Hydroxyprogesterone (250 mg) Injection	proced

## **Description:**

Hydroxyprogesterone (250 mg) injection is a synthetic form of the naturally occurring hormone progesterone. It is used primarily in the management of various gynecological and obstetric conditions, including preventing preterm labor and managing certain menstrual disorders.

## **Composition:**

 Hydroxyprogesterone: 250 mg per 1 ml of injection

#### **Indications:**

Hydroxyprogesterone injection is indicated for:

- 1. Prevention of Preterm Labor:
  - For women at high risk of preterm birth, Hydroxyprogesterone is used to help prevent early labor and increase the chances of a fullterm pregnancy.
- 2. Management of Amenorrhea and Abnormal Uterine Bleeding:
  - It is used in certain cases of secondary amenorrhea (absence of menstruation) and abnormal uterine bleeding due to hormonal imbalances.
- **3. Support in Assisted Reproductive Technologies (ART):** 
  - Hydroxyprogesterone may be used to support the luteal phase in ART

procedures such as in vitro fertilization (IVF), to enhance uterine receptivity for implantation.

#### **Mechanism of Action:**

Hydroxyprogesterone is a synthetic progestin, similar to the naturally occurring progesterone hormone. It exerts its effects by:

- 1. Preventing Uterine Contractions: By modulating progesterone receptors, Hydroxyprogesterone helps maintain a relaxed state of the uterus, reducing the risk of premature contractions and preterm labor.
- 2. Regulating Menstrual Cycles: In cases of hormonal imbalance, it helps regulate the menstrual cycle by influencing the endometrial lining and maintaining appropriate levels of progesterone.
- 3. Supporting Pregnancy: It promotes an optimal environment for pregnancy by helping maintain the uterine lining and preventing early miscarriage in some high-risk pregnancies.

## **Dosage and Administration:**

- Prevention of Preterm Labor:
  - The typical dose for prevention of preterm labor is 250 mg administered once a week by intramuscular injection.
  - Treatment is typically continued until 37 weeks of gestation or as directed by the healthcare provider.

- Management of Amenorrhea and Abnormal Uterine Bleeding:
  - 250 mg to 500 mg may be administered intramuscularly depending on the severity of the condition.
- Assisted Reproductive Technologies (ART):
  - Dosing schedules are individualized and are typically determined by the fertility specialist based on the patient's cycle and treatment plan.

## Note:

- The injection is usually administered by a healthcare professional, and the dosage may vary based on the specific condition and the patient's response to treatment.
- It is important to follow the prescribed schedule and not miss any doses to ensure optimal results.

### **Side Effects:**

- Common:
  - Pain, redness, or swelling at the injection site or dizziness.
  - o Nausea or vomiting.
- Serious but Rare:
  - Deep vein thrombosis (DVT) or pulmonary embolism (PE), especially in women with a history of blood clots.
  - Liver dysfunction: Symptoms like yellowing of the skin or eyes (jaundice), dark urine, or unexplained fatigue.
  - Allergic reactions: Rash, itching, swelling, or difficulty breathing.

### **Precautions:**

1. Allergic Reactions: Hydroxyprogesterone should be used

- with caution in individuals with known hypersensitivity to progestins or any of the ingredients in the injection.
- 2. Blood Clotting Disorders: Use with caution in patients with a history of blood clots, stroke, or heart disease, as Hydroxyprogesterone may increase the risk of thromboembolic events.
- 3. Liver Function: Monitor liver function in patients with existing liver disease or those receiving long-term treatment with Hydroxyprogesterone.
- 4. Pregnancy and Breastfeeding:
  Hydroxyprogesterone should only be
  used during pregnancy under medical
  supervision. It is generally considered
  safe for use in pregnancy when
  prescribed for the prevention of preterm
  labor.

## **Storage:**

- Store Hydroxyprogesterone injection at room temperature (15-30°C), away from direct heat and light.
- Do not freeze.
- Keep the vial tightly closed

#### **Note:**

Hydroxyprogesterone injection should be administered under the guidance of a healthcare provider, especially in pregnant women, to ensure the safety of both mother and baby.

Manufactured in India for:



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