

Information For the User
Lidocaine (1.5% w/w) + Nifedipine (0.3% w/w) Cream

Nifenorm L Cream

Composition:

Each gram of cream contains:

Lidocaine I.P. 1.5% w/w
Nifedipine 0.3% w/w
Cream base q.s.

Description:

Nifenorm L Cream is a topical formulation combining Lidocaine, a local anesthetic, and Nifedipine, a calcium channel blocker. It is primarily used in the management of anal fissures and anorectal conditions. Lidocaine provides rapid local anesthesia and relieves pain and discomfort, while Nifedipine induces relaxation of the anal sphincter and improves local blood flow, promoting healing.

Indications:

Chronic and acute anal fissures
Post-hemorrhoidectomy anal spasm
Anorectal pain and discomfort associated with fissures and hemorrhoids

Mechanism of Action:

Lidocaine stabilizes neuronal membranes by inhibiting sodium ion influx, preventing initiation and conduction of nerve impulses, resulting in localized anesthesia.
Nifedipine blocks L-type calcium channels in vascular smooth muscle, leading to sphincter relaxation and enhanced anodermal blood perfusion, which facilitates fissure healing.

Dosage and Administration:

Apply a small quantity (pea-sized amount) of cream to the affected area and anal canal using a gloved finger or applicator, 2–3 times daily or as directed by the physician. Wash hands thoroughly before and after application. For external use only.

Side Effects:

Mild burning or irritation at the site of application
Transient redness or itching
Rare: Hypersensitivity reaction or allergic dermatitis

Precautions:

For rectal use only. Avoid contact with eyes and mucous membranes other than the application site. Discontinue if severe irritation or allergic reaction occurs. Use with caution in patients with known hypersensitivity to local anesthetics or dihydropyridine calcium channel blockers. Safety in pregnancy and lactation should be assessed by the physician.

Storage:

Store in a cool, dry place below 25°C. Protect from direct sunlight and moisture. Keep out of reach of children. Do not freeze.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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