

Information For the User
Nifedipine 30 mg SR Tablet

Nifenorm 30 Tablet

Brand Name: Nifenorm 30 Tablet

Composition:

Each sustained-release tablet contains:
Nifedipine IP 30 mg (as Sustained-Release)

Therapeutic Indication:

Indicated for the management of hypertension and chronic stable angina pectoris
Helps lower blood pressure and reduces anginal episodes by improving myocardial oxygen supply and reducing cardiac workload

Mechanism of Action:

Nifedipine is a calcium channel blocker that inhibits the influx of calcium ions through L-type calcium channels in vascular smooth muscle and cardiac muscle
This leads to peripheral vasodilation, decreased vascular resistance, reduced blood pressure, and relief of anginal symptoms
The sustained-release formulation maintains consistent plasma levels over 24 hours, minimizing peak-related side effects

Dosage & Administration:

Usual adult dose: one tablet once daily or as prescribed by the physician
Take after food to improve tolerability
Swallow whole without crushing or chewing
Adjust dose based on blood pressure response and tolerability

Contraindications:

Hypersensitivity to Nifedipine or any component of the formulation
Severe hypotension, cardiogenic shock, or unstable angina
Severe aortic stenosis or recent myocardial infarction with pulmonary edema

Warnings & Precautions:

Monitor blood pressure and heart rate regularly
Use with caution in patients with heart failure, impaired hepatic function, or elderly patients
May cause dizziness or flushing; avoid driving or operating machinery if affected
Avoid sudden discontinuation to prevent rebound hypertension or angina

Side Effects:

Common: headache, flushing, dizziness, peripheral edema, palpitations
Less common: nausea, fatigue, hypotension, rash
Rare: arrhythmias, hypersensitivity reactions

Storage:

Store in a cool, dry, and dark place below 25°C
Protect from moisture and direct sunlight
Keep out of reach of children

Packaging:

Nifenorm 30 Tablet is available in blister or strip packs

Schedule:

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for