

Information For the User
Nifedipine 20 mg SR tablet

Nifenorm 20 Tablet

Brand Name: Nifenorm 20 Tablet

Composition:

Each sustained-release tablet contains:
Nifedipine IP 20 mg (as sustained-release formulation)

Therapeutic Indication:

Indicated for the treatment of mild to moderate hypertension and chronic stable angina
Also used in vasospastic (Prinzmetal's) angina
Helps reduce the frequency and severity of anginal attacks and lowers elevated blood pressure

Mechanism of Action:

Nifedipine is a dihydropyridine calcium channel blocker
It inhibits the influx of calcium ions through L-type calcium channels in vascular smooth muscle and cardiac muscle
This results in peripheral vasodilation decreased systemic vascular resistance and reduced myocardial oxygen demand
The sustained-release formulation provides prolonged antihypertensive and antianginal action

Dosage & Administration:

Usual adult dose: one tablet once or twice daily or as prescribed by the physician
Tablet should be swallowed whole with water without crushing or chewing
Best taken on an empty stomach or as advised by the physician
Dose adjustments may be required based on patient response

Contraindications:

Hypersensitivity to Nifedipine or other dihydropyridines
Cardiogenic shock
Severe aortic stenosis
During acute myocardial infarction (especially within the first week) unless specifically indicated

Warnings & Precautions:

Use with caution in patients with hepatic impairment heart failure or hypotension
May cause reflex tachycardia in some patients
Grapefruit juice should be avoided as it may increase plasma levels of Nifedipine
Monitor blood pressure regularly during therapy

Side Effects:

Common: headache flushing dizziness peripheral edema fatigue
Less common: nausea palpitations hypotension rash
Rare: gingival hyperplasia arrhythmias allergic reactions

Storage:

Store in a cool dry and dark place below 25°C

Protect from moisture and direct sunlight
Keep out of reach of children

Packaging:

Nifenorm 20 Tablet is available in blister or alu-alu strip packs

Schedule:

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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