# Information For the User Nebivolol 2.5 mg + Cilnidipine 10 mg Tablet

## **Nebiroll C Tablet**

Brand Name: Nebiroll C Tablet

## **Composition:**

Each film-coated tablet contains:

Nebivolol IP 2.5 mg Cilnidipine IP 10 mg

## **Therapeutic Indication:**

Indicated for the treatment of mild to moderate hypertension in patients who require combination therapy

Helps achieve better blood pressure control through dual action on beta-blockade and calcium channel inhibition

Also beneficial in patients with coexisting tachycardia, endothelial dysfunction, or early diabetic nephropathy

#### **Mechanism of Action:**

Nebivolol is a selective beta-1 adrenergic blocker with vasodilatory action mediated by nitric oxide release

It reduces heart rate and myocardial oxygen demand while improving vascular compliance Cilnidipine is a dual L-type and N-type calcium channel blocker

It causes vasodilation of both peripheral arteries and sympathetic nerve endings, reducing blood pressure without reflex tachycardia

Together, the combination ensures effective and sustained antihypertensive control with minimal side effects

## **Dosage & Administration:**

Usual adult dose: one tablet once daily or as directed by the physician

Can be taken with or without food

Swallow whole with water without crushing or chewing

Dose adjustments may be required in patients with renal or hepatic impairment

#### **Contraindications:**

Hypersensitivity to Nebivolol, Cilnidipine, or any component of the formulation Severe bradycardia, heart block greater than first degree, decompensated heart failure, cardiogenic shock

Pregnancy and lactation

## **Warnings & Precautions:**

Monitor blood pressure and heart rate regularly

Use with caution in patients with asthma, diabetes, renal or hepatic dysfunction, or heart conduction disorders

Avoid abrupt withdrawal of beta-blocker component to prevent rebound hypertension or angina Cilnidipine may cause peripheral edema in rare cases

## **Side Effects:**

Common: dizziness, fatigue, headache, flushing

Less common: bradycardia, ankle swelling, constipation Rare: hypotension, allergic reactions, AV block, edema

## **Storage:**

Store in a cool, dry, and dark place below 25°C Protect from direct sunlight and moisture Keep out of reach of children

## **Packaging:**

Nebiroll C Tablet is available in blister or alu-alu strip packs

## **Schedule:**

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



(An ISO 9001: 2015 Certified Co.) Plot no.: 367-FF, Industrial Area Phase-I,

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