Information For the User MEBEVERINE 200 MG Mebihusk 200 Capsule

Mebihusk 200 Capsule

Composition:

Each capsule contains:

• Mebeverine – 200 mg

Description:

Mebihusk 200 Capsule is a **long-acting antispasmodic** that helps relieve **abdominal cramps, pain, and bloating** caused by **irritable bowel syndrome (IBS) and other gastrointestinal conditions**. It works by **relaxing the smooth muscles** of the intestine, providing relief from **spasms and discomfort** without affecting normal gut motility.

Indications:

- Irritable Bowel Syndrome (IBS)
- Spastic colitis and intestinal cramps
- Functional bowel disorders
- Gastrointestinal motility disturbances

Mechanism of Action:

Mebeverine is a direct-acting smooth muscle relaxant that works by:

- Blocking calcium channels, preventing muscle contractions.
- Inhibiting excessive gut motility, reducing abdominal spasms.
- **Providing prolonged symptom relief** without affecting normal digestion.

Dosage & Administration:

- Recommended dose: One capsule twice daily, preferably before meals.
- Swallow whole with water; do not chew or crush the capsule.
- **Duration of treatment** should be as advised by a physician.

Contraindications & Warnings:

- Not for use in children below 18 years unless prescribed.
- Avoid in patients with severe liver or kidney impairment.
- Use with caution in pregnant and lactating women (consult a doctor).
- May cause mild dizziness or nausea; avoid activities requiring alertness if affected.
- Do not discontinue suddenly without consulting a doctor.

Adverse Effects:

- Nausea or dry mouth (uncommon)
- Mild headache or dizziness
- Allergic reactions (skin rash, swelling, difficulty breathing) (rare)

Drug Interactions:

• No major drug interactions reported, but **caution with other gut motility agents**.

Storage Instructions:

- Store in a cool, dry place below 25°C.
- Keep away from **direct sunlight and moisture**.
- Keep out of reach of **children**.

Mebihusk 200 Capsule provides **effective relief from IBS symptoms** while maintaining normal gut function, making it a preferred choice for long-term **spasm and pain management** in digestive disorders.

Manufactured in India for:



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