

# Lycology Syrup

## Lycopene, Multivitamin & Multimineral Syrup (Red Bottle)

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### Description:

Lycopene, Multivitamin & Multimineral Syrup is a nutrient-rich health supplement designed to support overall wellness. The powerful combination of Lycopene, essential Multivitamins, and Multiminerals promotes healthy immunity, vibrant skin, improved energy levels, and better cognitive function. This syrup is ideal for individuals seeking to enhance their daily nutritional intake and protect against oxidative stress with a potent blend of antioxidants and vital nutrients.

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### Composition (Per 5 ml Syrup):

- Lycopene: 10 mg
- Vitamin A (As Retinol Palmitate): 1000 I.U
- Vitamin C (As Ascorbic Acid): 30 mg
- Vitamin D3: 400 I.U
- Vitamin E (As Tocopherol Acetate): 15 mg
- Vitamin B1 (Thiamine): 2 mg
- Vitamin B2 (Riboflavin): 2 mg
- Vitamin B6 (Pyridoxine): 1.5 mg
- Vitamin B12 (Cobalamin): 3 mcg
- Folic Acid: 200 mcg
- Niacinamide (Vitamin B3): 10 mg
- Pantothenic Acid (Vitamin B5): 5 mg
- Calcium: 50 mg
- Magnesium: 25 mg
- Zinc (As Zinc Sulphate): 5 mg
- Iron: 10 mg
- Copper: 1 mg
- Selenium: 20 mcg
- Manganese: 1 mg
- Chromium: 10 mcg

Excipients: q.s to make 100 ml of syrup.

Colour: Approved food colour to be used in the syrup.

Flavour: Natural fruit flavour (for better taste).

### Indications:

This syrup is ideal for:

- **General Health & Well-being:**
    - The combination of Lycopene, Vitamins, and Minerals supports overall health, including energy, immunity, and skin health.
  - **Antioxidant Protection:**
    - Lycopene is a potent antioxidant that helps protect the body from oxidative stress and supports heart health and skin protection.
  - **Immune System Support:**
    - Vitamin A, Vitamin C, Vitamin D3, and Zinc work together to enhance the immune system, promoting faster recovery from infections and illnesses.
  - **Skin Health & Radiance:**
    - Lycopene and Vitamin E are known for improving skin health, reducing the effects of aging, and protecting the skin from environmental damage.
  - **Energy Production:**
    - B Vitamins (B1, B2, B6, B12) help in converting food into energy and improving overall vitality.
  - **Bone Health:**
    - Vitamin D3 and Calcium work together to maintain strong bones and prevent bone disorders.
  - **Cognitive Health & Mental Clarity:**
    - B12 and Folic Acid support brain function, memory, and overall cognitive health.
  - **Antioxidant Support:**
    - Selenium and Zinc help neutralize free radicals and reduce inflammation in the body.
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## Dosage and Administration:

- **Adults:**
    - Take 1 tablespoon (15 ml) daily after meals or as directed by your healthcare provider.
  - **Children (6 to 12 years):**
    - Take 1 teaspoon (5 ml) once or twice daily, or as advised by your healthcare provider.
  - **Children (Under 6 years):**
    - Use only under the supervision of a healthcare provider.
  - **Duration of Use:**
    - For sustained benefits, this syrup can be taken long-term as part of a balanced diet, unless otherwise advised by a doctor.
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## Contraindications:

- **Hypersensitivity or allergy to any of the ingredients.**
  - **Pregnancy and Breastfeeding:** Consult your doctor before use during pregnancy or breastfeeding.
  - **Iron Overload:** Individuals with conditions like hemochromatosis should avoid iron-containing supplements unless specifically recommended by a healthcare provider.
  - **Children under 1 year:** This product is not recommended for infants under 1 year unless prescribed by a pediatrician.
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## Warnings and Precautions:

- **Overdosage:**
  - Excessive intake of vitamins and minerals can lead to toxicity. Do not exceed the recommended dose unless directed by a healthcare professional.
- **Allergic Reactions:**
  - If you experience any signs of an allergic reaction such as skin rash, itching, or swelling, discontinue use and seek medical attention.

- **Pregnancy and Breastfeeding:**
    - Consult a healthcare provider before taking this product during pregnancy or breastfeeding, as some vitamins (such as Vitamin A) should be consumed cautiously during pregnancy.
  - **Diabetic patients:**
    - This product contains sugar; diabetic patients should use this syrup under the guidance of their healthcare provider.
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## Side Effects:

- **Common Side Effects:**
    - Mild gastrointestinal discomfort such as nausea, stomach upset, or mild diarrhea.
    - Allergic reactions in sensitive individuals, such as rashes or itching.
  - **Less Common Side Effects:**
    - Dizziness, headache, or fatigue (due to excess B Vitamins or other ingredients).
  - **Serious Side Effects:**
    - Severe allergic reactions (difficulty breathing, swelling of face, lips, or throat).
    - Excessive Vitamin A intake leading to toxicity (nausea, dizziness, headache, dry skin).
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## Storage:

- Store in a cool, dry place, away from direct sunlight (between 15°C to 30°C).
  - Keep the bottle tightly closed and out of reach of children.
  - Once opened, use within 3 months for optimal freshness.
  - Do not use after the expiration date printed on the bottle.
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Information For the Use  
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**Note:**

**This product is a dietary supplement and should be used as part of a balanced diet and healthy lifestyle. It is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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