# Information For the User Lisinopril 10 mg Tablet

## Lisitake 10 Tablet

Brand Name: Lisitake 10 Tablet

## **Composition:**

Each uncoated tablet contains:

Lisinopril Dihydrate IP equivalent to Lisinopril 10 mg

#### **Therapeutic Indication:**

Indicated for the treatment of mild to moderate hypertension
Used in the management of congestive heart failure as adjunctive therapy
Reduces mortality in patients with left ventricular dysfunction post-myocardial infarction
Also used in diabetic nephropathy to reduce proteinuria and slow progression of renal disease

#### **Mechanism of Action:**

Lisinopril is an angiotensin-converting enzyme (ACE) inhibitor It blocks the conversion of angiotensin I to angiotensin II, a potent vasoconstrictor This leads to vasodilation, reduced peripheral resistance, and decreased aldosterone levels Lowers blood pressure and improves hemodynamic stability

## **Dosage & Administration:**

Usual starting dose: 10 mg once daily

Dosage may be adjusted based on therapeutic response and patient's clinical condition

Can be taken with or without food

To be used under the supervision of a registered medical practitioner

#### **Contraindications:**

Hypersensitivity to Lisinopril or other ACE inhibitors
History of angioedema associated with previous ACE inhibitor therapy
Pregnancy and lactation
Severe renal artery stenosis
Concomitant use with aliskiren in patients with diabetes or renal impairment

## **Warnings & Precautions:**

Monitor blood pressure, renal function, and serum potassium levels Use with caution in patients with heart failure, renal impairment, or volume depletion May cause hyperkalemia, persistent dry cough, or angioedema Avoid potassium supplements or potassium-sparing diuretics unless prescribed

## **Side Effects:**

Common: dizziness, headache, fatigue, hypotension, dry cough

Less common: rash, nausea, taste disturbances

Serious: angioedema, renal dysfunction, hyperkalemia, hypotension requiring intervention

#### **Storage:**

Store in a cool, dry, and dark place below 25°C

Protect from moisture and direct sunlight Keep out of reach of children

## Packaging:

Lisitake 10 Tablet is available in blister or alu-alu strip packs

### **Schedule:**

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for