

Information For the Use
Levocetirizine (5mg) + Ambroxol (60mg)

Levonoble A Tablet

Levocetirizine (5 mg) + Ambroxol (60 mg) Tablet

Description:

This combination tablet combines Levocetirizine, a second-generation antihistamine, and Ambroxol, an expectorant. Levocetirizine works by blocking the action of histamine to alleviate symptoms of allergic reactions such as sneezing, itching, and watery eyes. Ambroxol helps break down mucus, making it easier to clear from the airways and improving respiratory function. This combination is particularly useful in treating allergic rhinitis or chronic bronchitis where both allergy symptoms and excessive mucus production are present.

Composition:

Each tablet contains:

- Levocetirizine: 5 mg
- Ambroxol: 60 mg

Indications:

Levocetirizine 5 mg + Ambroxol 60 mg tablets are indicated for:

- **Allergic Rhinitis:** Relief from symptoms like sneezing, runny nose, itchy or watery eyes associated with seasonal or perennial allergic rhinitis.
- **Chronic Respiratory Conditions:**
 - Chronic Bronchitis
 - Chronic Obstructive Pulmonary Disease (COPD): Helps relieve symptoms of excessive mucus production and inflammation.
- **Cough with Phlegm:** For relief of symptoms related to cough and excessive mucus, especially in allergic conditions and respiratory infections.
- **Post-nasal Drip:** Symptoms related to post-nasal drip can be managed, as this

combination helps reduce mucus and relieve nasal congestion.

Dosage and Administration:

Adults and Children Over 12 Years:

- The recommended dose is 1 tablet (Levocetirizine 5 mg + Ambroxol 60 mg) once daily, preferably taken with water after a meal.
- **Children 6 to 12 years:** The dosage should be half a tablet (Levocetirizine 2.5 mg + Ambroxol 30 mg) once daily, as directed by the healthcare provider.
- **Elderly:** No dose adjustment is usually needed, unless there is renal impairment.
- **Renal Impairment:** For patients with moderate to severe renal impairment, dose adjustments may be required. Consult your healthcare provider for guidance.

Contraindications:

Levocetirizine 5 mg + Ambroxol 60 mg tablets are contraindicated in:

- Hypersensitivity to Levocetirizine, Ambroxol, or any of the tablet's components.
- **Severe Renal Impairment:** Caution is advised in patients with severe renal conditions unless prescribed by a healthcare provider.
- **Pregnancy:** Levocetirizine should be used during pregnancy only if clearly needed. Ambroxol is generally not recommended during pregnancy unless prescribed by a doctor.
- **Breastfeeding:** Both Levocetirizine and Ambroxol are excreted in breast milk. Use during breastfeeding should only occur if the benefit outweighs the potential risks.

Warnings and Precautions:

- **Drowsiness:** Levocetirizine is less sedating than first-generation antihistamines, but drowsiness can still occur, particularly at higher doses. Avoid activities that require full mental alertness, such as driving or operating machinery, if drowsiness occurs.
- **Liver and Kidney Disease:** Use caution in patients with liver or kidney problems. Dosage adjustments may be necessary for patients with renal impairment.
- **Cough and Mucus Production:** If your cough is accompanied by severe difficulty breathing or a prolonged fever, it could indicate a serious condition that requires medical attention.
- **Pregnancy and Breastfeeding:** Consult a healthcare provider before use during pregnancy or while breastfeeding.
- **Children Under 6 Years:** This medication is not recommended for children under 6 years of age due to insufficient safety data.

- **Store at room temperature (between 15°C to 30°C), in a dry place, away from direct sunlight.**
- **Keep the tablets in their original packaging, out of the reach of children.**
- **Do not use the medication after the expiration date printed on the packaging.**

Note:

Levocetirizine 5 mg + Ambroxol 60 mg tablets are a prescription-only medication. Follow the dosage instructions given by your healthcare provider.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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Panchkula-134113

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Side Effects:

- **Common Side Effects:**
 - Drowsiness or fatigue
 - Headache
 - Dry mouth
 - Nausea or stomach upset
 - Dizziness
 - Sore throat
- **Less Common:**
 - Diarrhea
 - Abdominal discomfort or bloating
 - Skin rash or itching
- **Serious Side Effects:**
 - **Allergic reactions:** Symptoms such as difficulty breathing, swelling of the face, lips, or throat, and hives.
 - **Severe liver or kidney issues:** Symptoms such as yellowing of the skin or eyes (jaundice), dark urine, or swelling in the legs.
 - **Severe drowsiness or dizziness:** If you experience excessive drowsiness or dizziness, discontinue use and consult your doctor.

Storage: