

Information For the User
Isosorbide 20 mg Tablet

Isofyle 20 tablet

Brand Name: Isofyle 20 Tablet

Composition:

Each uncoated tablet contains:
Isosorbide Mononitrate IP 20 mg

Therapeutic Indication:

Used for the prevention and long-term management of angina pectoris
Helps reduce the frequency and intensity of chest pain associated with coronary artery disease
Can be used as an adjunct therapy in congestive heart failure

Mechanism of Action:

Isosorbide Mononitrate is an organic nitrate and vasodilator
It relaxes vascular smooth muscles, causing dilation of veins and arteries
Reduces myocardial oxygen demand by decreasing preload and afterload
Improves blood flow to the heart muscle and relieves angina symptoms

Dosage & Administration:

Usual adult dose: 20 mg once or twice daily, as directed by the physician
Swallow the tablet whole with a glass of water
Ensure a nitrate-free interval to prevent tolerance

Contraindications:

Hypersensitivity to nitrates or nitrites
Concomitant use with PDE-5 inhibitors like sildenafil or tadalafil
Severe hypotension, shock, or acute myocardial infarction with low filling pressures
Increased intracranial pressure

Warnings & Precautions:

May cause dizziness or fainting due to low blood pressure
Use with caution in patients with anemia, glaucoma, or hypothyroidism
Avoid alcohol consumption
Not recommended in pregnancy and lactation unless prescribed

Side Effects:

Common: headache, flushing, dizziness, weakness, hypotension
Less common: nausea, vomiting, syncope, rash
Prolonged use may lead to tolerance – follow prescribed dosing schedule

Storage:

Store in a cool, dry, and dark place below 25°C
Protect from light and moisture
Keep out of reach of children

Packaging:

Isofyle 20 Tablet is available in alu-alu or blister strip packs

Schedule:

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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