# **Fexoform Suspension**

## Fexofenadine (30 mg/5 ml) Suspension

## **Description**

Fexofenadine Suspension is an oral antihistamine medication used to relieve symptoms of allergic conditions. It contains Fexofenadine hydrochloride as the active ingredient, a non-sedating second-generation antihistamine with minimal central nervous system effects.

# Composition

- Active Ingredient: Fexofenadine Hydrochloride 30 mg per 5 ml.
- Excipients: Flavored base, sweeteners, preservatives, and stabilizers to ensure palatability and stability.

#### **Indications**

Fexofenadine Suspension is indicated for the symptomatic relief of:

- 1. Allergic Rhinitis:
  - o Sneezing
  - o Runny or itchy nose
  - Nasal congestion
  - o Itchy, watery eyes
- 2. Chronic Idiopathic Urticaria (Hives):
  - Relieves itching and reduces the number and size of hives.

#### **Mechanism of Action**

- Fexofenadine is an H1-receptor antagonist.
- It blocks histamine released during allergic reactions, preventing symptoms such as itching, swelling, and redness.
- Unlike first-generation antihistamines, it does not cross the blood-brain barrier significantly, resulting in minimal drowsiness.

# **Dosage and Administration**

- Pediatric Use:
  - $\circ$  2–11 years: 30 mg (5 ml) twice daily.
  - o 6 months-2 years: 15 mg (2.5 ml) twice daily (as directed by a physician).
- Adults and Adolescents (12 years and older):
  - Typically 60 mg twice daily or 120 mg once daily (adjusted for weight and age).
- Administer with water, and avoid fruit juices (e.g., grapefruit or orange) as they may reduce absorption.
- Dose adjustments may be required in individuals with renal impairment.

#### **Contraindications**

Hypersensitivity to fexofenadine or any of the excipients.

## **Warnings and Precautions**

- 1. Renal Impairment:
  - o Use with caution and monitor closely.
- 2. Drug Interactions:
  - Avoid co-administration with aluminum or magnesium-containing antacids, as they may reduce absorption.
  - May interact with ketoconazole or erythromycin, potentially increasing fexofenadine levels.
- 3. Fruit Juice Interaction:
  - Avoid as it can inhibit fexofenadine absorption in the intestines.

## **Adverse Effects**

Fexofenadine is generally well tolerated. Common side effects may include:

- Headache
- Nausea
- Fatigue
- Drowsiness (rare)
- Dizziness

## **Storage Conditions**

- Store below 25°C (77°F). Protect from light and moisture.
- Keep out of reach of children.

#### **Presentation**

- Available as a 30 mg/5 ml suspension in bottles of varying volumes (e.g., 60 ml, 100 ml).
- Includes a measuring spoon or cup for accurate dosing.

## **Key Benefits**

- Effective relief from allergy symptoms without significant drowsiness.
- Suitable for both children and adults.
- Pleasant flavor to improve compliance in pediatric patients.

Note: Use Fexofenadine Suspension only under the guidance of a healthcare provider. Adhere to the prescribed dosage and inform your doctor of any other medications or allergies before use.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113 TM: Trademark Applied for