

Information For the User
Esomeprazole EC (40mg) + Itopride SR (150mg) Capsule

Esoable IT SR Capsule

Brand Name: Esoable IT SR Capsule

Composition:

Each hard gelatin capsule contains:

Esomeprazole Magnesium Trihydrate IP equivalent to Esomeprazole 40 mg (as Enteric-Coated Granules)

Itopride Hydrochloride IP 150 mg (as Sustained Release Pellets)

Therapeutic Indication:

Indicated for the treatment of gastroesophageal reflux disease (GERD) acid peptic disorders functional dyspepsia and non-ulcer dyspepsia

Provides relief from symptoms like heartburn bloating regurgitation epigastric pain and nausea associated with delayed gastric emptying

Mechanism of Action:

Esomeprazole is a proton pump inhibitor (PPI) that suppresses gastric acid secretion by irreversibly inhibiting H^+/K^+ -ATPase enzyme in the gastric parietal cells

Itopride is a prokinetic agent that increases acetylcholine concentration by inhibiting dopamine D2 receptors and acetylcholinesterase leading to enhanced gastric motility and emptying

The combination offers both acid suppression and improved gastrointestinal motility for comprehensive management of upper GI disorders

Dosage & Administration:

Usual adult dose: one capsule once daily at least 30 minutes before meals or as directed by the physician

Swallow whole with water do not crush or chew

Duration of therapy depends on the clinical condition and physician's assessment

Contraindications:

Hypersensitivity to Esomeprazole Itopride or any component of the formulation

Gastrointestinal bleeding obstruction or perforation

Parkinson's disease or concurrent use of drugs with extrapyramidal side effects (for Itopride)

Warnings & Precautions:

Long-term use of PPIs may lead to vitamin B12 deficiency hypomagnesemia and increased risk of bone fractures

Caution in patients with hepatic impairment or gastrointestinal disorders

Avoid concurrent use with anticholinergics and dopamine antagonists

Monitor for CNS side effects or movement disorders during prolonged therapy

Side Effects:

Common: headache abdominal pain flatulence diarrhea constipation nausea

Less common: dizziness rash dry mouth gynecomastia

Rare: extrapyramidal symptoms elevated liver enzymes anaphylactic reactions

Storage:

Store in a cool dry and dark place below 25°C

Protect from light and moisture

Keep out of reach of children

Packaging:

Esoable IT SR Capsule is available in alu-alu strip packs

Schedule:

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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