## Information For the User Esomeprazole 40mg + Itopride 150mg

# **Esoable IT Capsule**

Name of the Product: Esoable IT Capsule

**Composition:** Each hard gelatin capsule contains:

Esomeprazole 40 mg

Itopride Hydrochloride 150 mg

**Dosage Form:** Capsule

#### **Description:**

Esoable IT Capsule is a combination of Esomeprazole, a proton pump inhibitor, and Itopride, a gastroprokinetic agent. This formulation is indicated for the treatment of gastrointestinal disorders associated with excessive acid secretion and impaired motility. Esomeprazole effectively reduces gastric acid secretion, while Itopride enhances gastric emptying and intestinal motility.

#### **Indications:**

Used for the treatment of gastroesophageal reflux disease (GERD), functional dyspepsia, nonulcer dyspepsia, and other acid-peptic disorders with delayed gastric emptying.

#### **Mechanism of Action:**

Esomeprazole is a proton pump inhibitor that inhibits the H<sup>+</sup>/K<sup>+</sup> ATPase enzyme system at the surface of gastric parietal cells, suppressing gastric acid secretion.

Itopride is a dopamine D2 receptor antagonist and acetylcholinesterase inhibitor that enhances gastrointestinal motility by increasing acetylcholine levels in the enteric nervous system.

#### **Dosage and Administration:**

One capsule to be taken orally once daily, preferably before meals, or as directed by the physician. Dose may be adjusted based on clinical response.

#### **Contraindications:**

Hypersensitivity to Esomeprazole, Itopride, or any component of the formulation. Contraindicated in patients with gastrointestinal hemorrhage, obstruction, or perforation. Itopride is contraindicated in patients with Parkinson's disease who are on levodopa therapy.

#### **Warnings and Precautions:**

Long-term use of Esomeprazole may lead to vitamin B12 deficiency or hypomagnesemia. Caution is advised in patients with hepatic impairment.

Itopride should be used with caution in elderly patients.

Avoid use during pregnancy and lactation unless prescribed by a healthcare professional.

#### **Adverse Effects:**

Esomeprazole may cause headache, abdominal pain, nausea, constipation, flatulence, or dizziness.

Itopride may cause diarrhea, abdominal cramping, or rash. Rarely, elevated liver enzymes may occur.

### **Storage:**

Store in a cool and dry place, below 30°C. Protect from direct sunlight and moisture. Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.) Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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