

Information For the User  
Cinnarizine (20mg) + Dimenhydrinate (40mg) tablet

# Cinagrit Plus Tablet

**Composition:**

Each film-coated tablet contains:

Cinnarizine I.P. .... 20 mg

Dimenhydrinate I.P. .... 40 mg

Excipients ..... q.s.

**Description:**

Cinagrit Plus Tablet is a fixed-dose combination used for the prevention and treatment of vertigo, motion sickness, and balance disorders. Cinnarizine, a calcium channel blocker with antihistaminic properties, improves cerebral and peripheral blood flow while reducing vestibular overactivity. Dimenhydrinate, an H1 receptor antagonist, suppresses nausea and vomiting associated with motion sickness and vertigo, providing synergistic relief.

**Indications:**

Vertigo of peripheral and central origin

Motion sickness prevention and treatment

Nausea and vomiting associated with vestibular disorders

Supportive therapy in Ménière's disease and labyrinthitis

**Mechanism of Action:**

Cinnarizine blocks calcium entry into vascular smooth muscle, improving microcirculation in the inner ear and reducing vestibular excitability. Dimenhydrinate inhibits H1 receptors and has anticholinergic action that suppresses the vomiting center and vestibular pathways, reducing nausea and motion-induced discomfort.

**Dosage and Administration:**

Adults: 1 tablet two to three times daily or as prescribed by the physician. For motion sickness, the first dose should be taken at least 30 minutes before travel. To be swallowed whole with water.

**Side Effects:**

Drowsiness, sedation

Dry mouth

Mild gastrointestinal discomfort

Rare: Allergic skin reactions

**Precautions:**

Avoid alcohol and CNS depressants while on therapy due to additive sedative effects

Use with caution in patients with hypotension, glaucoma, or urinary retention

May cause drowsiness; caution advised while driving or operating machinery

Not recommended in pregnancy and lactation unless advised by a physician

**Storage:**

Store in a cool, dry place below 25°C. Protect from light and moisture. Keep out of reach of children.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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