

Calostyle Plus Softgel

Calcitriol 0.25 mcg + Calcium Citrate Maleate 500 mg + Magnesium Oxide 50 mg + Zinc 7.5 mg Softgel Capsule

Introduction

This softgel capsule is a **nutritional supplement** used to support bone health, calcium metabolism, and overall well-being. It is specifically designed for individuals suffering from **osteoporosis, calcium and vitamin D deficiencies, and other bone-related disorders**. The combination of **Calcitriol, Calcium Citrate Maleate, Magnesium Oxide, and Zinc** helps in maintaining bone strength, nerve function, and muscle health.

Composition and Benefits of Each Ingredient

- 1. Calcitriol (0.25 mcg)**
 - The **active form of vitamin D3**, responsible for calcium absorption.
 - Helps in maintaining proper calcium and phosphate balance.
 - Regulates **parathyroid hormone (PTH)** to prevent excessive bone loss.
- 2. Calcium Citrate Maleate (500 mg)**
 - A **highly bioavailable form of calcium** that is easily absorbed by the body.
 - Enhances **bone density** and **prevents fractures**.
 - Reduces the risk of osteoporosis and calcium deficiency disorders.
- 3. Magnesium Oxide (50 mg)**
 - Supports **bone mineralization and muscle function**.
 - Helps in **nerve transmission and muscle relaxation**.
 - Prevents calcium deposits in soft tissues and **reduces the risk of kidney stones**.
- 4. Zinc (7.5 mg)**
 - Essential for **bone growth and repair**.
 - Strengthens the immune system and aids in wound healing.

- Supports **enzymatic reactions** necessary for metabolic functions.

Uses and Indications

This supplement is beneficial for:

- **Osteoporosis prevention and management**
- **Vitamin D and calcium deficiency**
- **Hypocalcemia (low calcium levels)**
- **Postmenopausal bone loss**
- **Bone disorders associated with chronic kidney disease (CKD)**
- **Hypoparathyroidism (low parathyroid hormone levels)**
- **Pregnancy and lactation** (for maternal and fetal bone health)
- **Muscle cramps and nerve function disorders**

Dosage and Administration

- As prescribed by a **healthcare professional**.
- Usually taken **once or twice daily**, preferably **with meals** for better absorption.
- Swallow the **softgel capsule whole** with water.

Missed Dose:

- If you miss a dose, take it **as soon as you remember**.
- Skip the missed dose if it is almost time for the next scheduled dose.
- Do not take a **double dose** to make up for a missed one.

Precautions and Warnings

- **Hypercalcemia Risk:** Excessive intake can lead to high calcium levels, causing nausea, vomiting, kidney problems, and confusion.

- **Kidney Disorders:** Use cautiously in patients with kidney disease or a history of kidney stones.
 - **Heart Conditions:** Excess calcium may affect heart rhythm in sensitive individuals.
 - **Drug Interactions:**
 - Avoid taking with **antacids containing magnesium or aluminum**, as they may interfere with absorption.
 - **Diuretics, corticosteroids, and anticonvulsants** may reduce the effectiveness of calcium and vitamin D.
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use under medical supervision helps achieve optimal bone strength and overall health.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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Possible Side Effects

Most individuals tolerate this supplement well, but some may experience:

- **Mild gastrointestinal discomfort** (nausea, constipation, or diarrhea)
- **Increased thirst and urination**
- **Fatigue or muscle weakness**
- **Headache or dizziness**

Severe Reactions: If symptoms like **severe kidney pain, irregular heartbeat, or allergic reactions** occur, seek immediate medical attention.

Storage Instructions

- Store in a **cool, dry place** away from direct sunlight.
 - Keep out of reach of **children**.
 - Do not use if the **blister pack is damaged or expired**.
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Conclusion

This **Calcitriol, Calcium Citrate Maleate, Magnesium Oxide, and Zinc Softgel Capsule** is an effective supplement for **bone health, calcium metabolism, and muscle function**. It is essential for individuals at risk of **osteoporosis, hypocalcemia, and vitamin D deficiency**. Regular