

Information For the User

Calcitriol 0.25mcg + Calcium Carbonate 500mg + Boron 1.5.mg + Folic Acid 400mcg +
Eicosapentaenoic(EPA) 180mg + Docosahexaenoic(DHA) 120mg + Methylcobalamin 1500mcg

Calostyle Forte Softgel Capsule

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COMPOSITION:

Each soft gelatin capsule contains:

- **Calcitriol I.P.** 0.25 mcg
- **Calcium Carbonate I.P.**
Eq. to elemental calcium 500 mg
- **Boron** 1.5 mg
- **Folic Acid I.P.** 400 mcg
- **Methylcobalamin** 1500 mcg
- **Eicosapentaenoic Acid (EPA)** 180 mg
- **Docosahexaenoic Acid (DHA)** 120 mg
- **Excipients:** q.s.
- **Colour:** Approved colour used

Pharmaceutical Form: Softgel Capsule

CLINICAL PHARMACOLOGY:

- **Calcitriol** is the active form of Vitamin D3, essential for calcium absorption and bone mineralization.
- **Calcium Carbonate** provides elemental calcium for bone strength.
- **Folic Acid and Methylcobalamin** aid in erythropoiesis and nervous system function.
- **EPA & DHA** are omega-3 fatty acids with anti-inflammatory and cardiovascular benefits.
- **Boron** enhances calcium and magnesium metabolism for bone support.

INDICATIONS:

- Osteoporosis and osteopenia
- Vitamin D & calcium deficiency states
- Nutritional support in pregnancy & lactation
- Menopausal bone health
- Adjunct in chronic fatigue, neuralgia, neuropathies
- Postmenopausal & elderly bone care
- Cardiovascular & metabolic wellness (EPA/DHA)

DOSAGE AND ADMINISTRATION:

- **Recommended dose:** 1 capsule daily after meals or as prescribed by a registered medical practitioner.
- Do not exceed the recommended dose.

WARNINGS & PRECAUTIONS:

- Use with caution in patients with renal stones, sarcoidosis, or cardiac diseases.
- Monitor serum calcium and renal function periodically during long-term use.
- Not recommended in children unless advised by a physician.

DRUG INTERACTIONS:

- Concurrent use with digoxin, thiazide diuretics, or other vitamin D analogs requires caution.
- May interact with anticonvulsants, corticosteroids, or bile acid sequestrants reducing absorption.

ADVERSE EFFECTS:

- Hypercalcemia (nausea, vomiting, weakness)
- Gastrointestinal upset
- Headache, dizziness
- Rare: allergic rash or hypersensitivity

STORAGE:

- Store below 25°C in a dry place.
- Protect from light and moisture.
- Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
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