

Calcitriol (0.25mcg) + Calcium Carbonate (500mg) + Omega-3 fatty acid (300mg) +  
Methylcobalamin (1500mcg) + Folic Acid (400mcg) + Boron (1.5mg)

## Calostyle D3 Max Softgel

**Calcitriol (0.25 mcg) + Calcium Carbonate (500 mg) + Omega-3 Fatty Acid (300 mg) + Methylcobalamin (1500 mcg) + Folic Acid (400 mcg) + Boron (1.5 mg) Softgel**

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### Composition

Each softgel contains:

- **Calcitriol: 0.25 mcg**
  - **Calcium Carbonate: 500 mg**
  - **Omega-3 Fatty Acid: 300 mg**
  - **Methylcobalamin: 1500 mcg**
  - **Folic Acid: 400 mcg**
  - **Boron: 1.5 mg**
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### Description

This advanced softgel formulation combines Calcitriol, Calcium Carbonate, Omega-3 Fatty Acids, Methylcobalamin, Folic Acid, and Boron to support bone health, cardiovascular health, nerve function, and overall vitality.

- **Calcium Carbonate** provides a key mineral necessary for maintaining strong bones and teeth.
- **Omega-3 Fatty Acids** promote heart health, reduce inflammation, and support brain function.
- **Methylcobalamin** (the active form of Vitamin B12) plays a vital role in nerve health and red blood cell formation.
- **Folic Acid** supports cellular health, DNA synthesis, and red blood cell production.

This combination helps to manage bone density, promote cardiovascular health, and

enhance overall cellular and nervous system functions.

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### Indications

This softgel is indicated for:

- **Calcium and Vitamin D3 Deficiency:** To supplement calcium and Vitamin D3 levels.
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### Mechanism of Action

- **Calcitriol:** Increases the absorption of calcium and phosphate from the intestines and helps regulate blood calcium levels, promoting bone mineralization and health.
  - **Omega-3 Fatty Acids:** Essential polyunsaturated fats that support heart health, reduce inflammation, and improve joint and brain function.
  - **Folic Acid:** Crucial for cell division, DNA synthesis, and the production of red blood cells, and helps prevent certain types of anemia.
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### Contraindications

This softgel is contraindicated in individuals with:

- **Hypercalcemia** (elevated calcium levels)
- **Hypervitaminosis D** (excessive Vitamin D levels)

- Severe kidney disease or kidney dysfunction
- Hypersensitivity to any of the components in the softgel
- Pregnancy and breastfeeding: Use only under medical supervision if necessary.

- Kidney problems, especially in individuals with pre-existing kidney disease
- Allergic reactions: Rash, itching, swelling, or difficulty breathing

If any severe or unusual symptoms occur, discontinue use and consult a healthcare provider immediately.

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## Warnings and Precautions

- **Kidney Disorders:** Use with caution in individuals with kidney disease, as the combination of calcium, Vitamin D, and other minerals may affect kidney function. Monitor kidney function regularly.
- **Pregnancy and Breastfeeding:** Consult with a healthcare provider before using this product, as supplementation may need to be adjusted during pregnancy or breastfeeding.
- **Calcium and Vitamin D:** Long-term use may require monitoring of calcium levels in the blood to avoid hypercalcemia.
- **Bone Health:** This product should be used as part of a comprehensive approach to bone health, which includes weight-bearing exercise and a balanced diet.

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## Drug Interactions

- **Calcium Supplements:** High doses of calcium may interfere with the absorption of other medications. Separate the dosing of calcium and other drugs by at least 2 hours.
- **Antacids:** Antacids containing magnesium, calcium, or aluminum may interfere with the absorption of calcium carbonate and other minerals.

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## Storage

Store in a cool, dry place, away from direct sunlight and moisture. Keep out of reach of children. Do not store in the bathroom.

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## Possible Side Effects

Common side effects may include:

- Mild gastrointestinal discomfort such as bloating, constipation, or nausea
- Unpleasant aftertaste (common with Omega-3 supplements)
- Headache or dizziness

Rare but serious side effects may include:

- **Hypercalcemia** (high calcium levels), which may cause nausea, vomiting, muscle weakness, confusion, or fatigue

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**Note:** Always follow your healthcare provider's instructions regarding the dosage and duration of use. Regular monitoring of calcium, Vitamin D, and kidney function may be necessary during long-term use of this supplement.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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