

Information For the User
Bilastin (20mg) + Montelukast (10mg) + Acebrophylline (200mg) Sr Tab

Bilastuff AM Tablet

Brand Name: Bilastuff AM Tablet

Composition:

Each film-coated sustained-release tablet contains:

Bilastine INN 20 mg

Montelukast Sodium IP equivalent to Montelukast 10 mg

Acebrophylline IP 200 mg (as Sustained Release)

Therapeutic Indication:

Indicated for the treatment and prophylaxis of allergic rhinitis bronchial asthma and other allergic respiratory conditions

Helps relieve symptoms such as sneezing runny nose nasal congestion wheezing breathlessness and allergic cough

Ideal for patients with overlapping upper and lower respiratory allergic symptoms

Mechanism of Action:

Bilastine is a second-generation non-sedating antihistamine that selectively blocks peripheral H1 receptors and provides long-lasting relief from allergic symptoms

Montelukast is a leukotriene receptor antagonist that blocks the action of leukotriene D4 at the cysteinyl leukotriene receptor reducing inflammation bronchoconstriction and mucus production

Acebrophylline is a bronchodilator and mucoregulator that inhibits phosphodiesterase and reduces inflammatory mediators while enhancing mucociliary clearance

Dosage & Administration:

Usual adult dose: One tablet once daily or as directed by the physician

Take on an empty stomach or 1 hour before or 2 hours after a meal for optimal absorption of Bilastine

Swallow whole with water do not crush or chew

Contraindications:

Hypersensitivity to Bilastine Montelukast Acebrophylline or any component of the formulation

Acute attacks of asthma (not for emergency use)

Severe hepatic or renal impairment

Warnings & Precautions:

Use with caution in patients with a history of psychiatric disorders especially while on Montelukast

Monitor patients for behavioral changes and mood-related symptoms

Caution in patients with peptic ulcer seizure disorders or cardiovascular conditions

Avoid alcohol and other CNS depressants

Side Effects:

Common: headache abdominal discomfort drowsiness dizziness

Less common: dry mouth nausea rash dyspepsia

Rare: allergic reactions mood changes insomnia bronchospasm

Storage:

Store in a cool dry and dark place below 25°C

Protect from moisture and sunlight

Keep out of reach of children

Packaging:

Bilastuff AM Tablet is available in alu-alu strips of 10 tablets

Schedule:

Schedule H Prescription Drug – To be sold by retail on the prescription of a registered medical practitioner only

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for